

Growing Older Does Not Mean Your Dogs Vision Has to Suffer

How do you choose the right dog vitamin out of the overwhelming selection of dog vitamin products that are on the market? Good research into the ingredients used in the various dog vitamin products may assist you in narrowing down your search. Look for a dog vitamin product that will improve your dogs quality of life and increase her life span. For optimal results, choose a vitamin that has been formulated with natural, human grade ingredients and follows the latest nutritional guidelines, as approved by the veterinary community.

The additives and preservatives contained in low grade, commercial dog food act like toxins in your dogs body. The best dog vitamin product will include vitamins that act as antioxidants to fight off the damage that may result from repeated exposure to these substances. The toxins could cause long term damage to your dogs system and trigger the development of serious health issues.

Certain dog vitamins address a specific health problem, such as age related vision issues. Dogs age just as we do, and that aging process triggers health issues that are similar to those that we experience. Loss of vision is one of them. Vitamin A is essential to good vision health and may reduce the incidence of cataracts, so be sure to look for a dog vitamin product that contains plenty of this vitamin. Vitamin A and its precursor beta carotene act as powerful antioxidants that destroy carcinogens and support the immune system.

Vitamin B complex (which includes folic acid) and B2 (otherwise known as riboflavin) are important to eye health, but Vitamins C and E, combined with Vitamin A, are the real powerhouses when it comes to your dogs vision problems. A powerful antioxidant, Vitamin C protects the other antioxidants and stimulates the immune system through the production of antiviral substances and white blood cells. As an antioxidant, Vitamin C fights the effects of free radicals and lowers your dogs risk of developing cataracts. Vitamin E is also a powerful, free radical fighting antioxidant that works in concert with Vitamin C to support your dogs vision health.

You can slow your dogs aging process and keep her in top condition through proper nutrition, lots of exercise and a dog vitamin that contains essential vitamins and minerals designed specifically for older dogs. If you feed her a diet consisting of additive and pesticide free, human grade ingredients and supplement that diet with a dog vitamin that supports the immune system, you will be providing her with the best possible defense against vision problems.

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